



ST JOHN'S  
SCHOOL  
LEATHERHEAD

**Policy Title: PSHCE (Personal, Social, Health and Citizenship Education)**

**Date of Issue:** September 2011

**Date of Review:** August 2012

**Responsible:** Head of PSHCE

**References:** National Minimum Standards for Boarding Schools 2010 and 2011  
The National Curriculum 2007

The PSHCE programme is based around achieving the aims set out by The National Curriculum.

*'Learning and undertaking activities in citizenship, economic wellbeing and financial capability and personal wellbeing contribute to achievement of the curriculum aims for young people to become: Successful learners who enjoy learning, make progress and achieve, confident individuals who are able to live safe healthy and fulfilling lives and responsible citizens who make a positive contribution to society' (Qualifications and Curriculum Authority 2007).*

The programme also takes into account the requirement of the September 2010 edition of the National Minimum Standards for Boarding Schools:

**Standard 6.2** *Personal, social, health and economic education, or its equivalent provides age appropriate advice and guidance on alcohol, illegal substance and solvent abuse, smoking, sex education, HIV infection, hepatitis and sexually transmitted diseases, and protecting oneself from abuse*

Pupil involvement in the life of the school should do much to foster the development of the whole person by covering all aspects of the five Every Child Matters outcomes. Extra-curricular activities and the religious life of the school have a particularly important role to play. Participation in activities such as the Combined Cadet Force, Community Service and the Duke of Edinburgh Award Scheme teach, promote and reinforce the idea of Citizenship, but there is also a need for a dedicated Personal, Social and Health Education (PSHCE) programme to promote emotional maturity and provide age appropriate advice and guidance on a range of topics.

The PSHCE programme is delivered to the Fourth form, Lower Fifth form and Upper Fifth form through the activities programme by members of staff and outside speakers. There is a programme for each year group and pupils attend the sessions in their tutor groups. Depending on the nature of the topic, delivery may be to one tutor group at a time or to the whole year group. Small groups allow more discussion but in situations where pupils are spoken to as a whole year group they are then invited to discuss the topic further in smaller groups or on an individual basis.

The use of outside speakers is ideal since they are able to present the topic through their own experiences. For example, Emma Cole speaks to pupils about her experience of contracting and living with HIV for almost two decades. Outside speakers are often experts in their field. For example, Moira Ingle is a Nurse and comes to talk to the pupils about sexual relationships. However, it is also recognised that members of staff offer excellent education if the topic is related to their subject. For example, Richard Davidson who is Head of Economics delivers a session on basic finances. In the Sixth Form, the PSHCE programme is delivered through General Studies.

The introduction of junior girls to the school requires a change to some aspects of the programme to recognise the needs of these girls. In the 4<sup>th</sup> form there is a presentation given by BEAT on Eating disorders to the junior girls. Aspects of this presentation are

also covered for the boys but there is a significant requirement to make girls aware of the dangers of malnutrition, therefore this presentation is given early in September. There have also been meetings to discuss changes to other presentations realising the need to address these issues with junior girls. The presentations on Alcohol, Sexual Relationships and Drugs and the Law are all given to both girls and boys separately so that students feel more comfortable discussing these topics. The topics are also tailored to be more gender specific. There is also a separation between the sexes in the talks on both Bullying and Anti-Social Behaviour for the L5th students to help promote more discussion. There are still sessions that have included both boys and girls to help promote non gender specific issues and also make boys aware of possible problems that girls have and vice-versa e.g. Bullying talks given in the 4<sup>th</sup> form.

The Every Child Matters Outcomes and the topics covered in the PSHCE programme are:

**Being Healthy** so that they are physically, mentally, emotionally and sexually healthy, have healthy lifestyles and choose not to take illegal drugs.

**Staying Safe** from maltreatment, neglect, violence, sexual exploitation, accidental injury and death, bullying and discrimination, crime and anti-social behaviour in and out of school, have security and stability and are cared for.

**Enjoying and Achieving** so that they are ready for school, attend and enjoy school, achieve stretching national educational standards at primary and secondary school, achieve personal and social development and enjoy recreation.

**Making a Positive Contribution** so that they engage in decision-making, support their community and environment, engage in law-abiding and positive behaviour in and out of school, develop positive relationships, choose not to bully and discriminate, develop self confidence, successfully deal with significant life changes and challenges and develop enterprising behaviour.

**Achieving Economic Well-being** so that they engage in further education, employment or training on leaving school, are ready for employment, live in decent homes and sustainable communities, have access to transport and material goods, live in households free from low income.

The topics delivered through academic departments are:

Biology:

- Fourth form:            Healthy eating  
                                  Drug abuse

Divinity:

- Lower Fifth form:    Abortion  
                                  Contraception  
                                  Poverty  
                                  Prejudice and discrimination  
                                  Sex, marriage and divorce  
                                  War and peace
- Upper Fifth form:    Crime and punishment  
                                  Drug abuse

Euthanasia  
 Prejudice  
 Wealth and poverty

### Fourth Form Programme

#### Topics covered:

- Eating Disorders: BEAT
- Cyber bullying: MAS
- Alcohol: Alcoholics Anonymous
- Sexual Relationships: Moira Ingle
- Drugs & The Law: Julie Johnson
- Peer Mentoring: MDM/LSC

Date	House	Session	Time	Location
13/09/2011	Haslewood & South	Eating disorders	4:10-5:10	B2
20/09/2011	ALL BOYS	Eating disorders	4:10-5:10	MMS
27/09/2011	ALL	Cyber bullying	4:10-5:10	PAC
04/10/2011	ALL	Bullying	4:10-5:10	PAC
08/11/2011	East & West	Alcohol	02:00-3:00	B2
15/11/2011	North & Surrey	Alcohol	02:00-3:00	B2
22/11/2011	Churchill & Monty	Alcohol	02:00-3:00	B2
29/11/2011	Haslewood & South	Alcohol	02:00-3:00	B2
10/01/2012	Haslewood & South	Sexual Relationships	02:00-3:00	B2
17/01/2012	East & West	Sexual Relationships	02:00-3:00	B2
24/01/2012	North & Surrey	Sexual Relationships	02:00-3:00	B2
31/01/2012	Churchill & Monty	Sexual Relationships	02:00-3:00	B2
07/02/2012	Haslewood & South	Drugs and the Law	4:10-5:10	B2
28/02/2012	East & West	Drugs and the Law	4:10-5:10	B2
20/03/2012	North & Surrey	Drugs and the Law	4:10-5:10	B2
27/03/2012	Churchill & Monty	Drugs and the Law	4:10-5:10	B2
22/05/2012	ALL	Peer Mentoring	4:10-5:10	B2

## Lower Fifth Form Programme

### Topics covered:

- Drugs Education: Bob Tait
- Financial Management: Roger Harding
- Cyber Safety: Karl Hopwood
- Bullying: Police
- Democratic Institutions – British: MAS/QW
- Anti-social Behaviour: Police

<b>Date</b>	<b>House</b>	<b>Session</b>	<b>Time</b>	<b>Location</b>
04/10/2011	All	Drugs	4:10-5:10	Chapel
18/10/2011	All	Financial Management	4:10-5:10	Chapel
08/11/2011	All	Cyber safety	4:10-5:10	PAC
22/11/2011	Haslewood & South	Bullying	2:00 - 3:00	B2
29/11/2011	East & West	Bullying	2:00 - 3:00	B2
06/12/2011	North & Surrey	Bullying	2:00 - 3:00	B2
13/12/2011	Churchill & Monty	Bullying	2:00 - 3:00	B2
10/01/2012	South	Democratic institutions	2:00 - 3:00	203
17/01/2012	Haslewood	Democratic institutions	2:00 - 3:00	203
24/01/2012	West	Democratic institutions	2:00 - 3:00	203
31/01/2012	East	Democratic institutions	2:00 - 3:00	203
07/02/2012	Churchill	Democratic institutions	2:00 - 3:00	203
21/02/2012	North	Democratic institutions	4:10-5:10	203
28/02/2012	Surrey	Democratic institutions	4:10-5:10	203
06/03/2012	Monty	Democratic institutions	4:10-5:10	203
24/04/2012	Haslewood & South	Anti-social behaviour	4:10-5:10	B2
01/05/2012	East & West	Anti-social behaviour	4:10-5:10	B2
08/05/2012	North & Surrey	Anti-social behaviour	4:10-5:10	B2
15/05/2012	Churchill & Monty	Anti-social behaviour	4:10-5:10	B2

## Upper Fifth Form Programme

### Topics covered:

- HIV/AIDS: Emma Cole
- Alcohol: Amanda Simoes
- Democratic Institutions – European: NTW/QW
- Personal Safety: Chris Doherty
- Finances: RLD/GBK
- Sexual Health: Alex Fryer

<b>Date</b>	<b>House</b>	<b>Session</b>	<b>Time</b>	<b>Location</b>
12/09/2011	All	HIV/AIDS	4:10-5:10	PAC
19/09/2011	All	Alcohol	4:10-5:10	PAC
26/09/2011	North	Democratic institutions 2	4:10-5:10	203
03/10/2011	Surrey	Democratic institutions 2	4:10-5:10	203
10/10/2011	Monty	Democratic institutions 2	4:10-5:10	203
17/10/2011	West	Democratic institutions 2	4:10-5:10	203
07/11/2011	Churchill	Democratic institutions 2	4:10-5:10	203
14/11/2011	North & Surrey	Personal Safety	2:00-3:00	PAC
21/11/2011	Churchill & Monty	Personal Safety	2:00-3:00	PAC
21/11/2011	East	Democratic institutions 2	4:10-5:10	203
28/11/2011	East & West	Personal Safety	2:00-3:00	PAC
09/01/2012	North	Finances	4:10-5:10	32
20/02/2012	All	Sexual Health	2:00-3:00	PAC
27/02/2012	Surrey	Finances	4:10-5:10	32
05/03/2012	Monty	Finances	4:10-5:10	32
12/03/2012	West	Finances	4:10-5:10	32
19/03/2012	Churchill	Finances	2:00-3:00	32
26/03/2012	East	Finances	2:00-3:00	32